



**BUSTLE & SEW**  
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# *Appley Dappley Cushion Cover*

An apple a day keeps the doctor away ... apples are good for you as well as fun to stitch!



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# Appley Dappley Cushion Cover

This is a quick, easy and fun machine applique design inspired by the apples falling from the trees in my garden in the autumn ...

Choose some of your most favourite and funkiest red and green fabrics to create a cheerful seasonal design. I turned my panel into a cushion cover - but it would look great on the wall too, perhaps with the names of some varieties of apple embroidered beneath each one...

Finished panel measures 16" square



## Materials

- One 16" square piece of natural coloured medium weight fabric
- Two 12" x 16" rectangles of the same fabric
- Scraps of red or red-mix fabric for the apples. You'll need enough for 9 apples, each measuring 3 ½" across.
- Scraps of green fabric for the leaves - each leaf measures 1 ½" long x ¾" wide.
- Very small amount of dark brown felt for apple pips and stems.
- 3 ½" square cream fabric for inside of one apple
- Black and cream thread for your sewing machine
- Bondaweb
- Temporary fabric marker
- Embroidery foot for your sewing machine.
- 16" square cushion pad





## Method

### Front Panel

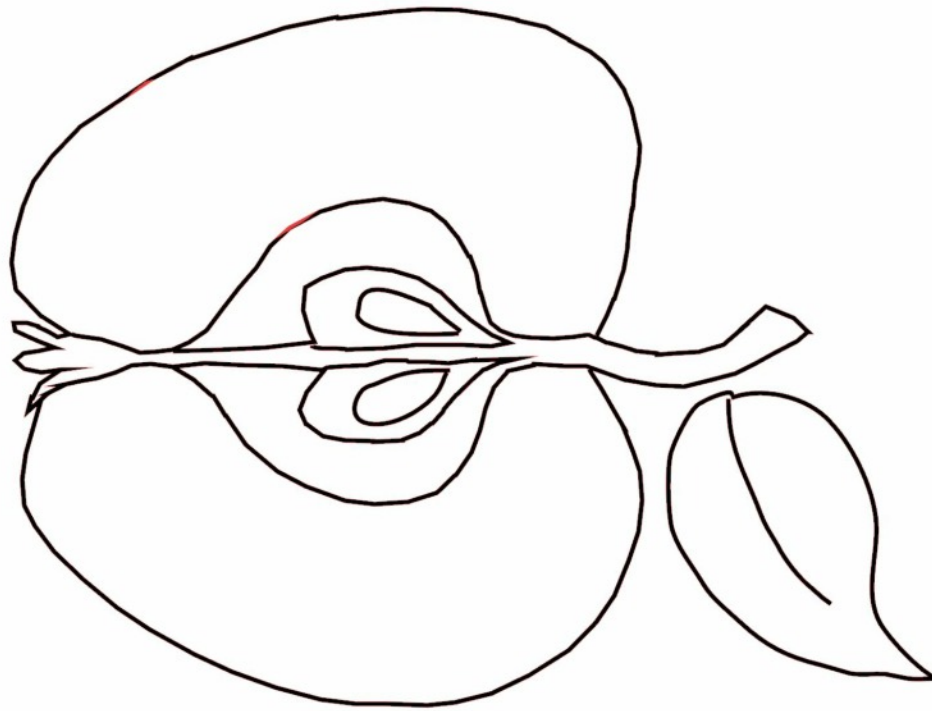
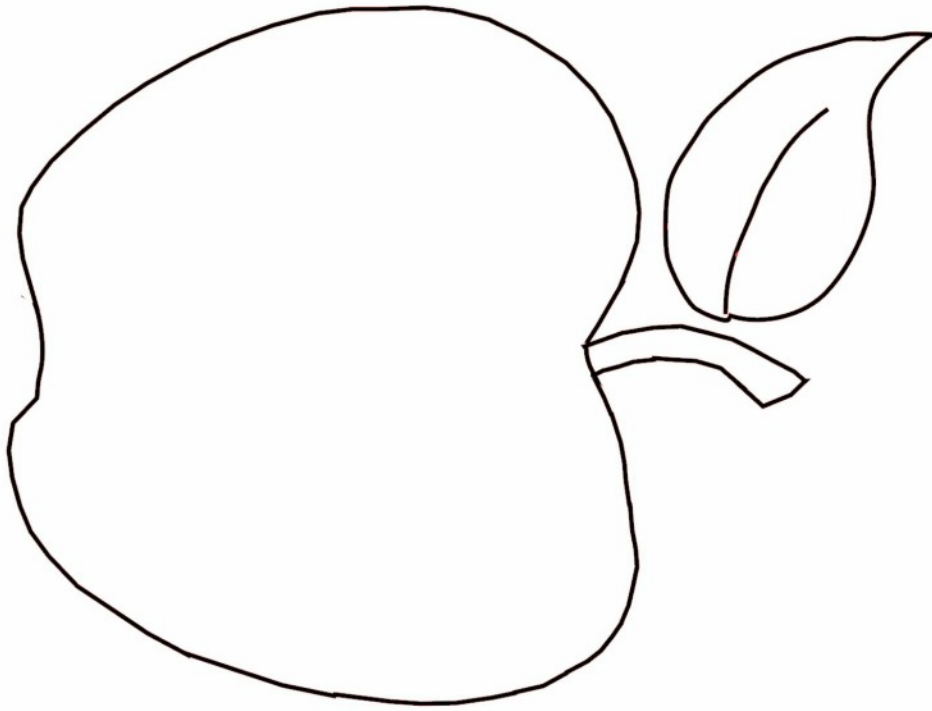
- Fold your 16" square of fabric into three each way and press lightly (not too firmly as you want the creases to press out at the end). Open it out so you have a 3 x 3 grid. This will be your guide for positioning your apples.
- Using the template provided trace 9 apple shapes onto the paper side of your Bondaweb. Cut out roughly and fuse to the reverse of your apple fabric. Cut out shapes, peel off paper backing and position (but don't secure just yet).
- Repeat with leaves and stalks (note the sixth apple - the leaf and stalk are reversed). Position the outer apples slightly towards the inside of their squares to allow for your ¼" seam allowance. When you're happy with the colour combinations and positioning of your shapes, press to fuse in place using a hot iron to protect your work.
- Fit the embroidery foot to your sewing machine and drop the feed dogs. With

black thread in the needle and cream in the bobbin (black in both makes a very harsh, dark line) go around the edges twice and indicate shading at side of apple (1) for every apple except the sixth.

- Cut out, position and fuse the cream inner of apple six in the same way. With your temporary fabric marker pen draw in the lines for pip and core and then stitch over them with black thread. Position and applique pips - fiddly but worth doing. Finally change thread in needle to cream and stitch around apple inside once (2).
- Remove marker lines and press on reverse.

### Assemble Cover

- Hem one long edge on each of your rectangles. Place your front panel right side up on a clean flat surface, then place your back panels right side down on top, lining up the sides so they overlap in the centre. Stitch around edges. Clip corners and finish seams.
- Turn right side out and press. Insert pad. Finished.





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Why do we love to stitch? After all you can purchase mass-produced textile items at many high streets stores for very little cost. These days handmade means something special - a unique item created with love, a gift from the heart, not one that can be bought. Hand stitching is also a great way to personalise an item, or perhaps to breathe new life into an old favourite that has seen better days.

[Bustle & Sew](#) offers my own unique patterns, designed to appeal to all skill levels and bring out all your natural creativity. And you can keep up to date with all the latest news from Devon where I live as well as the newest patterns and much more over on the [Bustle & Sew Blog](#).



**PS** If you love stitching, then you're sure to enjoy my Bustle & Sew Magazine. It's delivered by email to your in-box each month and is crammed full of ideas, projects, features, articles, patterns and more to inspire you. Your family and friends will soon be queuing up to take delivery of your new Bustle & Sew creations. To learn more please visit the [Bustle & Sew website](#).

*Helen xx*



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