

## Method

- Cut one 18" x 14" rectangle and two 12" x 14" rectangles from your blue dotty fabric. Put the smaller rectangles to one side for now. (I always make my covers the exact same size as the pads they are well stuffed to begin with and stay plump as the filling compacts with use rather than getting limp and floppy!).
- Trace the applique shapes for the letters onto the paper side of the Bondaweb and cut out roughly. Fuse to the felt and then carefully cut out. Use sharp shears and long smooth strokes of the blades. You may prefer to use smaller scissors when cutting out the centre of the "O". Do take your time over this as any mistakes will show.
- When finished position your letters centrally on the fabric horizontally and about an inch down from the centre vertically (to allow a little extra space for your robin to sit on the J). There should be about a 1 ½" gap between the letters.
- Fuse into place using a cloth to protect the felt. Then secure with short straight stitches worked at right angles to the edge of the shapes using two strands of red floss.
- Cut out and apply the holly leaves and berries in the same way.
- Now trace the shapes for the robin. Start with the cream coloured underbelly and allow extra at the top for it to be overlapped by the breast and upper body pieces. The final shape to add is the dark brown felt for wing and head which overlaps the top of the breast and upper body pieces.
- Ensure you are completely happy with the positioning of your shapes before fusing them to the background fabric. When fusing do resist the temptation to move your iron

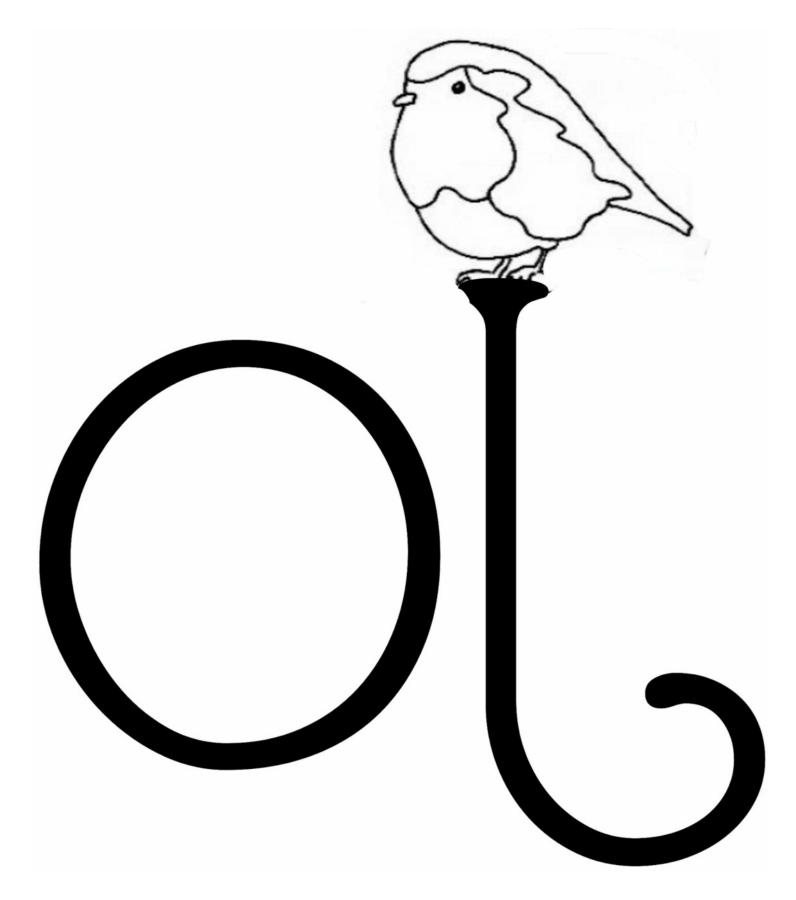
backwards and forwards as this may cause them to slip out of position.

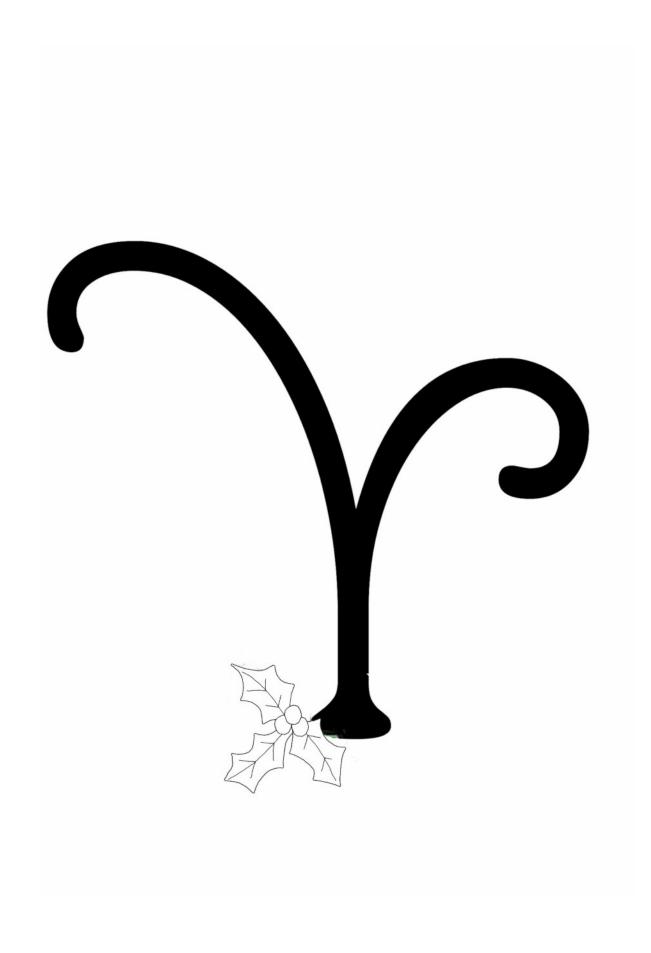
- Secure all shapes with short straight stitches in two strands of matching floss as before.
- Add a pair of legs and claws in reddish brown floss - I used two strands and chain stitch. The eye is a black French knot and the beak a few stitches in black floss.
- Press your work lightly on the reverse.
- Baste the pompom trim around the edge of the rectangle.
- Hem one shorter side of each of the smaller blue dotty rectangles.
- Place your applique panel face up on a clean flat surface, then place your two smaller rectangles face down on top aligning the short edges at the side so that the hemmed edges overlap in the centre forming the envelope opening to insert your pad.
- Pin or tack, then stitch around edge with a ½" seam allowance. Make sure your pompoms are all pointing inwards as you stitch and be sure that your stitching line is inside the braid so that when you turn the cover right side out all you see is the pompoms. Finish internal seams by zigzagging over edges or with a serger.
- Turn right side out and press.
- Insert pad. Your cushion is now finished.



## Christmas Joy Cushion

Templates are actual size and reversed for tracing onto the paper side of your Bondaweb







Why do we love to stitch? After all you can purchase massproduced textile items at many high streets stores for very little cost. These days handmade means something special - a unique item created with love, a gift from the heart, not one that can be bought. Hand stitching is also a great way to personalise an item, or perhaps to breathe new life into an old favourite that has seen better days.

Bustle & Sew offers my own unique patterns, designed to appeal to all skill levels and bring out all your natural creativity. And you

can keep up to date with all the latest news from Devon where I live as well as the newest patterns and much more over on the <u>Bustle & Sew Blog</u>.

But none of this would mean anything without YOU, the stitcher. And it's lovely to be able to share hints, tips, techniques and patterns with other like-minded people. So ....

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Helen xx