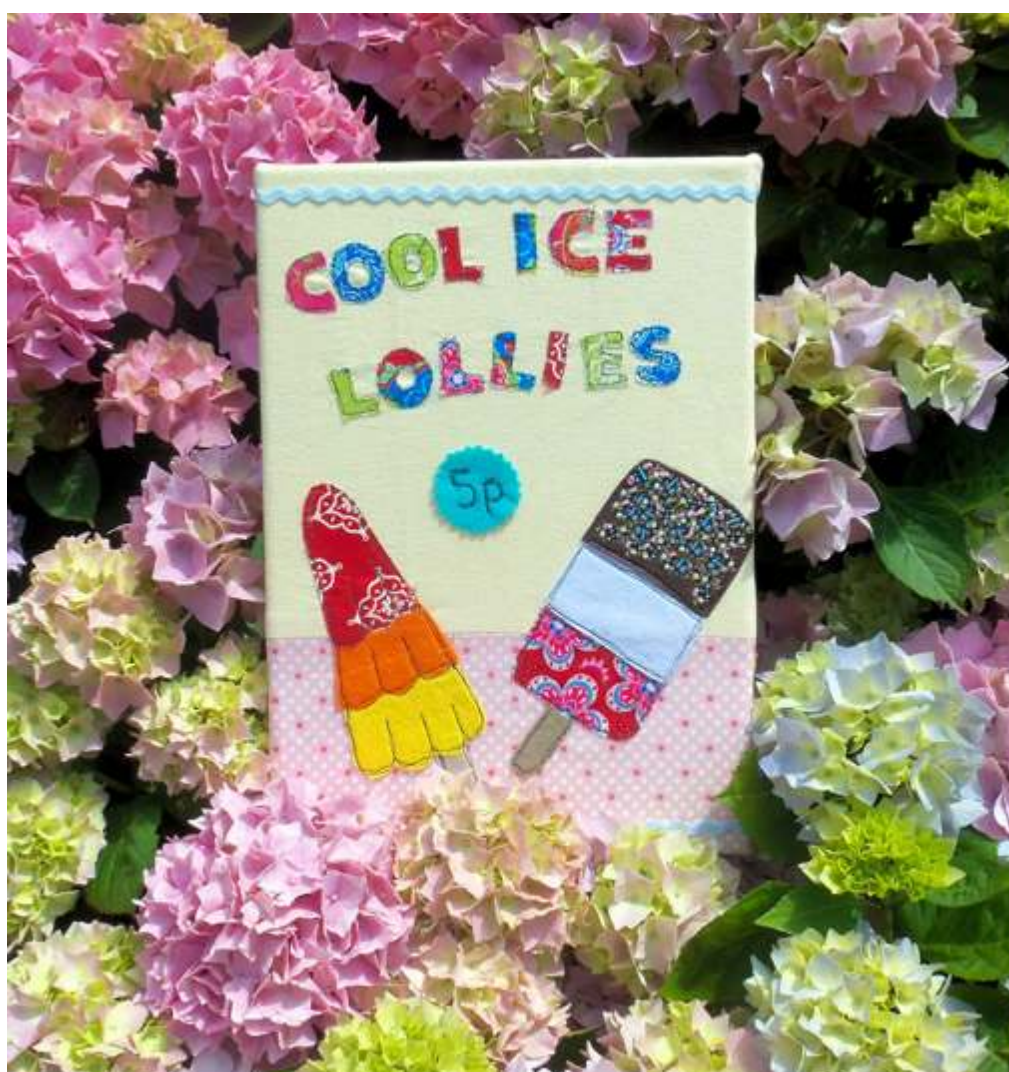




A Bustle & Sew Pattern



Cool Ice Lollies



Method:

Background:

Cut a rectangle of pink fabric measuring 12" x 6" and a rectangle of yellow fabric measuring 12" x 20".

With a ¼" seam allowance join the two rectangles along their 12" edges. Press the seam open to avoid too much bulk at the back.

These measurements allow for between 1 ½" and 2" turn under - this extra fabric is needed to wrap around the canvas block and staple into place at the back.

To make it easier to position your applique shapes, fold the edges under by this amount and press lightly so that you have an A4-size rectangle. This will ensure you stay within the borders and your shapes will sit correctly on your finished picture.

Applique:

Print the reversed template and use this to trace the shapes onto the paper side of your Bondaweb. When cutting the shapes for the lollies cut to the dotted lines to allow the pieces to overlap correctly.

Using the non-reversed template as a guide, position the shapes for the lollies on your fabric. Start from the bottom with the sticks and work upwards, overlapping each shape as you go. When you are happy with the positioning, press with a hot iron to secure in place.

Stitch around the edges with black thread in your needle. Lower the feed dogs on your machine and use your embroidery foot. Go around twice, and also indicate the shape on the rocket lolly (use photograph for guidance)

If you are unsure where the lines should go on the rocket lolly, then mark them with your temporary fabric marker first.

Cut out the letter shapes, position and stitch in the same way.

Iron a small piece of Bondaweb to the back of your blue fabric and cut out a circle with pinking shears if you have them, otherwise cut a star shape. Write the lolly price onto the circle with your temporary fabric marker.

On a hot and sunny summer's day what could be nicer than a cool ice lolly? Or two?

You will need:

1 fat eighth each of yellow and pink dotted fabrics (quilting weight is fine)

Scraps of printed fabric for letters and one section of each lolly.

Scraps of orange, yellow, brown, beige and white felt for lollies and lolly sticks and blue for star.

24" light blue ric-rac braid

Seed beads in dolly mixture colours

Bondaweb

44" self adhesive fabric tape

Temporary fabric marker pen

Embroidery foot for machine

Black and cream machine thread

PVA glue (optional)

Staple gun

Artist's canvas block A4 size (8.3" x 11.7")

Secure the circle to the background fabric with the Bondaweb and machine stitch over your marker lines.

Turn your work over and press on the reverse.

You can either stitch the beads to the chocolate part of the Fab lolly at this stage, or if you don't want to stitch quite so many beads, secure with PVA glue at the end.

Finish your Picture

Position your picture over your canvas block, right side uppermost. Then, starting in the middle of one long edge and working outwards, wrap the fabric to the back of the frame and secure with your staple gun. Repeat on opposite edge keeping the fabric taut but not stretched out of shape.

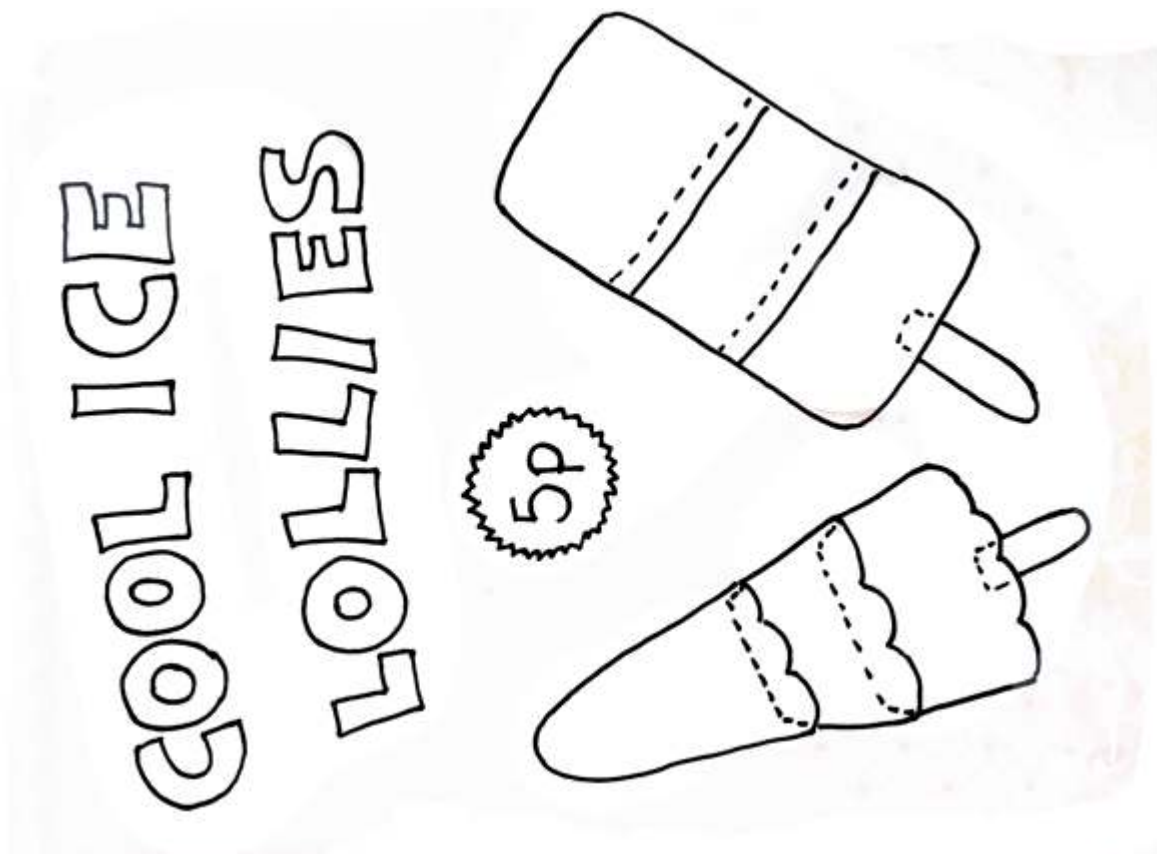
Repeat on the two shorter edges and mitre the corners.

Trim excess fabric from the back.

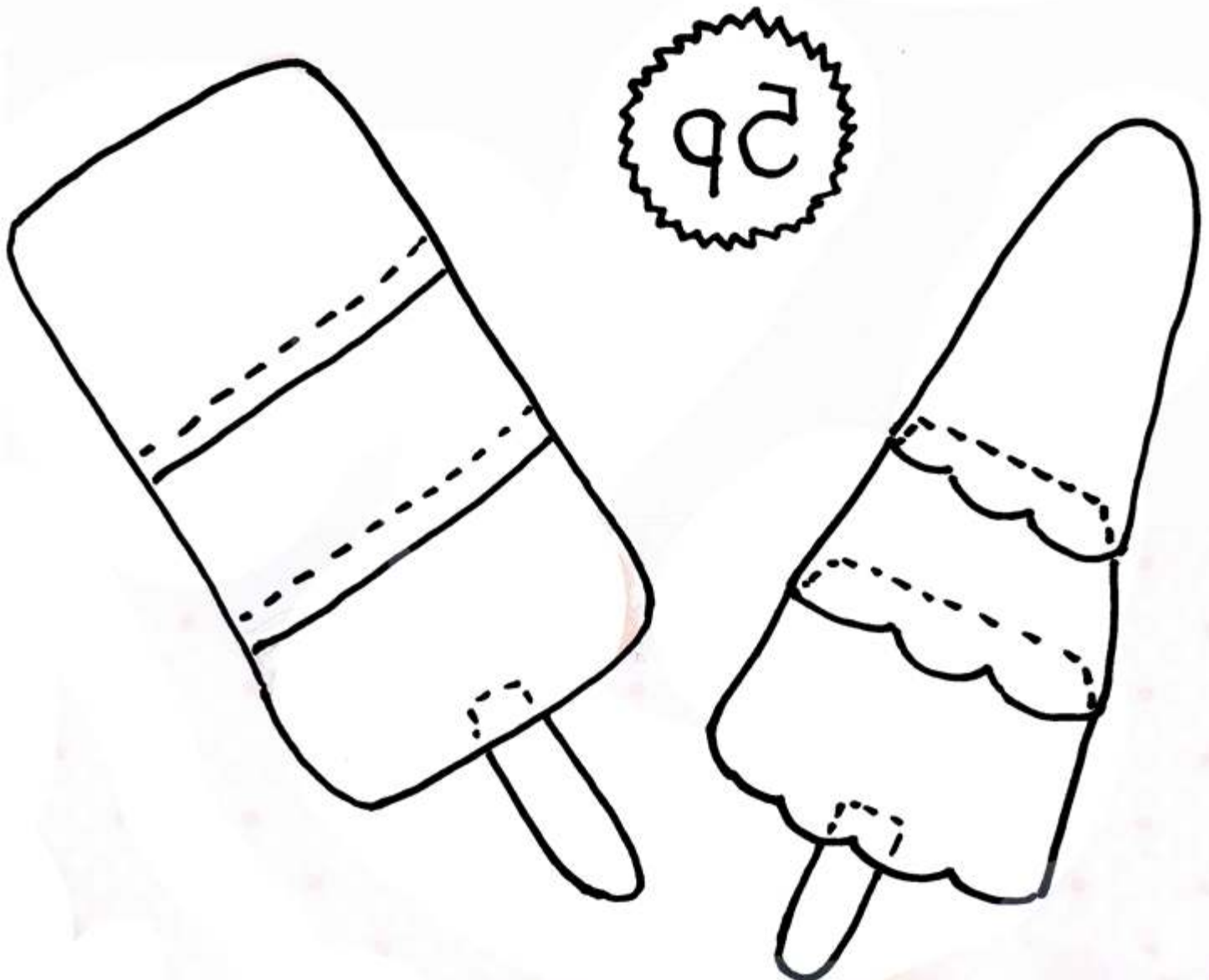
Secure one end of ric rac braid to the back of the frame with your staple gun approx ½" up from the bottom edge. Stretch across picture and secure to back on opposite edge. Repeat at the top of the picture.

Cover staples and raw edges at back with strips of self-adhesive fabric tape.

FINISHED!!



COOL ICE POPTLES



ACTUAL SIZE



Love to Sew and Sew with Love

Why do we love to stitch? After all, you can purchase mass-produced embroidered items at many high street stores. These days, handmade means something special – a unique item created with love, a gift from the heart, not one that can be bought. Hand stitching is also a great way to personalize an item, or even to breathe new life into an old favourite that has seen better days.



[Bustle & Sew](#) offers my own unique patterns, designed to appeal to all skill levels and bring out your natural creativity. And you can keep up-to-date with all the latest news on the [Bustle & Sew Blog](#).

But none of this would mean anything without you, the stitcher. And it's lovely to be able to share hints, tips and techniques with other like-minded folk.

PLEASE SHARE THE LOVE: I am happy for you to circulate this pattern as widely as you wish – with just two conditions: Firstly that you leave all links to my website and blog in place. And secondly, it is not a commercial publication and must not be reproduced for resale in any form.

Best wishes

Helen xx



PS : If you love stitching then you're sure to enjoy my Bustle & Sew Magazine. It's my own e-zine delivered monthly to your in-box stuffed with ideas, projects, features, articles, patterns and more. Your family and friends will be queuing up to take delivery of your new Bustle & Sew creations.

To learn more, please visit my website.

<http://bustleandsew.com/magazine>