

Issue 24

Bustle & Sew Magazine

January 2013

*Happy New
Year!*

*Best New Year's Resolution ever:
"Must make more time for stitching!"*

A Bustle & Sew Publication

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Hello, and welcome to Issue 24 of the Bustle & Sew e-zine. Yes, really - issue 24, that's two whole years of my magazine! Thank you so much to all subscribers who make it possible through your support. And now as we enter 2013 there's another whole year of stitching fun to look forward to.

I hope you all had a wonderful Christmas, and I'd like to wish you a very happy New Year 2013. January is a great month for snuggling down inside with your stitching, and there's lots to choose from in this month's issue. Daisy the draught excluder will keep you cosy, and the Vintage Primrose tea cosy will do the same for your teapot!

Kim from Chatterbox Quilts returns to share her expertise in making and decorating pin cushions, and why not organise your sewing area with some lovely Fabric Covered Boxes?

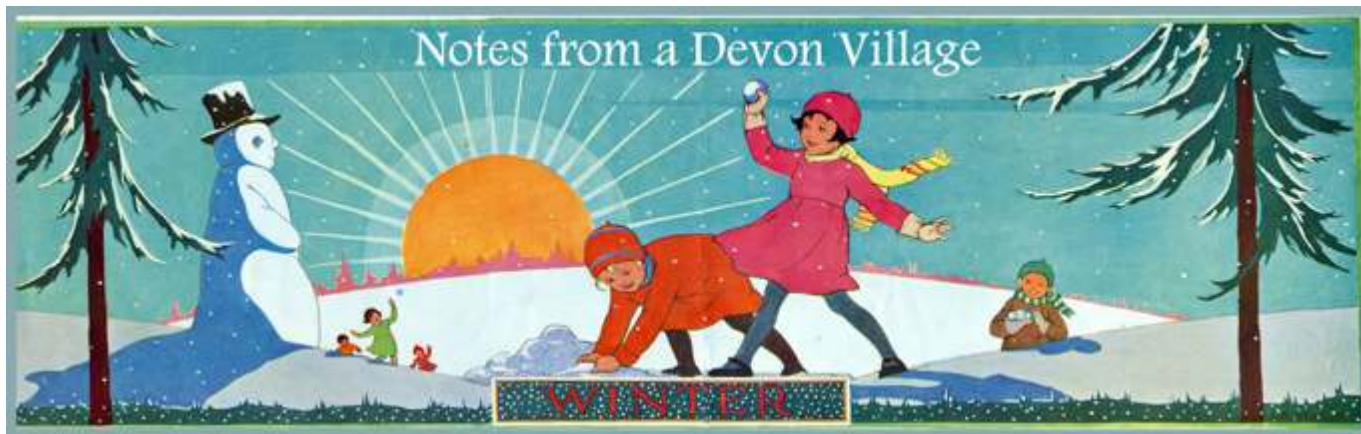
Whatever projects you decide upon, I hope your January will be a very happy, stitchy sort of month!

Best wishes

Helen xx

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For me, January is a month of two parts early January is the time to pack away my Christmas decorations, wrapping each shiny bauble in a soft cocoon of tissue to ensure its safe survival for next year. Then, time for a good dust and polish, to dispel the slightly melancholy feeling induced by the end of the celebrations and return to normality.

But this melancholy doesn't last very long at all as January is mostly a time for looking forward to the year ahead. By the end of the month the first signs of spring are appearing in our Devon hedgerows – snowdrops and catkins are abundant, while the strong green spikes of daffodils begin to emerge – though it will be a while yet before we can enjoy their sunny faces.

Trips to the beach are fun at this time of year, as the only other people we're likely to meet are fellow dog-walkers or intrepid surfers, so I can let Ben charge around unrestrained at full speed on the sand without worrying about him frightening small children or accidentally crashing into people peacefully enjoying their picnics.

Our nearest, and favourite, beach is Lannacombe, a magical place with rock pools, a clear cold stream running down to the surf and lovely golden sands. It can only be reached by a rutted track which passes between deep Devon hedgerows - a nightmare in the summer when the visitors, unused to our narrow lanes, return. But in January it is deserted and we can bump our way down to the beach with no need

to squeeze onto the verges or reverse back to the nearest passing space.



Lannacombe beach in January

I remember well a January visit to Lannacombe – a few years ago now. At first the sun was shining, though there was a cold wind, and Amy lay down and rolled and rolled for the sheer joy of it while Ben bounced and ran and twirled, chasing his favourite yellow ball across the flat expanse of sand. But then, with a gust of wind, everything changed and our world was made of water. The sky seemed to darken in less than a minute and the heavens opened.

Between the crashing of the surf, the swollen stream and the torrent of rain it was hard to tell whether I was on land or somewhere beneath the sea. I felt gills would have been better than lungs! The dogs thought it was wonderful, for Newfies are water dogs and Amy used to sit out in the rain just for the pleasure



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Tea Cups Applique Panel

A stack of lovely vintage china tea cups - waiting for the washing up? Or waiting to be filled with that favourite of all drinks for the English - a nice cup of tea? Either way this is a lovely simple freestyle machine applique project and is great for using up all those pretty scraps that you simply can't bear to throw away.

Finished size 21" x 7"



Liberty of London is the quintessential English store, renowned world-wide for its wonderful fabrics.....

Liberty of London was founded by Arthur Lasenby Liberty. Arthur Liberty was born in 1843 in Chesham, Buckinghamshire, England, the son of a draper. When Arthur was sixteen, he worked first for an uncle who owned a lace warehouse, and he then went to London to work in another uncle's wine business. In 1859 he was apprenticed to a draper, but the apprenticeship was ended after two years with both parties in agreement.

Arthur was then employed at Farmer and Rogers Great Shawl and Cloak Emporium in Regent Street in 1862, the year of the International Exhibition at Kensington in London. In 1874, inspired by his ten years of service, Arthur decided to start a business of his own, believing that he could change the look of homewares and fashion.

With a £2,000 loan from his future father-in-law, Arthur Liberty took on the lease of half a shop at 218a Regent Street with only three staff. The shop

opened in 1875 selling mainly objects from the East - rugs, fabrics and decorative objects. It was likened to an Eastern Bazaar, and came to be a meeting place for artists and, in time, an important part of the Aesthetic Movement. Within eighteen months the loan had been repaid and Arthur Liberty had acquired the second half of 218 Regent Street. As the business grew, neighbouring properties were bought and added to the store.



Within a few years, Liberty's Oriental fabrics were so popular that the store, now called Liberty, had a difficult time meeting the demand they had created. At the same time, the quality of goods being imported was starting to drop. Liberty began to import undyed silk, cashmere and cotton fabrics,



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Patchwork Puppy

This endearing little retro puppy was created using a selection of Liberty fabrics, both vintage and from their new Craft Fabric range. Stitching the hexagons to a backing fabric means your patchwork is really robust and your pup won't start coming apart at the seams.

Finished puppy measures approx 10" in length.

WELDON'S
A901 4^D

KNITTED LAPEL DOLLS

MADE FROM STRANDED COTTON



Use odd scraps of yarn to make these cute vintage lapel dolls



Fabric Covered Boxes ...

Display some of your favourite designs and get organised too!

I am a most untidy worker - I become so engrossed in the project in hand that I pull out lots of fabric, tossing aside the pieces I don't include - which instantly become muddled with scraps of ribbon, fragments of felted blanket, interfacing, Bondaweb and much more too. And as for rummaging around for buttons, safety eyes, bells and beads Well ... as Rosie would say, "Let's not go there!" And she would be right!





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Vintage Primrose Tea Cosy

This tea cosy has been stitched from a vintage transfer. I had no working instructions and so decided to work it in spring shades and call the flowers primroses. But the flowers could just as easily be wild roses or poppies - just change the colours to suit your mood and the season!

Finished cosy measures 9" wide at base x 7" tall (perfect for my 2 cup pot!)



Quilt Block Pin Cushions

This month Kim Jamieson-Hirst of Chatterbox Quilts returns to tell us about her delightful quilt block pin cushion creations.

Simple quilt blocks make stunning pincushions. I can see that you're skeptical and are wondering how a traditional block could be spectacular as a pincushion. With embellishments, of course! Start with a traditional quilt block and then gussy it up by adding appliqué, yo-yos, embroidery stitches or buttons. No need to start with a complicated block - the simpler the block, the better. Let the embellishments create the interest and drama!

Tip:

Don't want to piece a block for the top? No problem - just cut out fabric in the desired size and then add your embellishments. I won't tell!

When you're finished you'll have a unique creation that can be used for holding your pins and much more. Group them in baskets for decorations, add

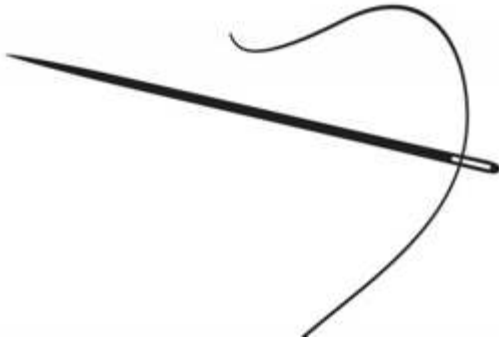


- Appliqué
- Embroidery
- Buttons
- Yo-yos

bout your Needle

Sometimes it can seem that there's a bewilderingly large variety of needles available to choose from - ranging from enormous needles with blunt ends to long slender spikes that you wonder how anybody ever manages to thread! Of course sewing needles have been around for thousands of years and during this time have evolved to suit a multitude of uses. They're a tool we often take for granted, so I thought it would be nice to spend just a little time finding out more about every stitcher's best friend!

Anatomy of your needle:



Needle length and thickness decreases as size numbers increase. For example, a size 12 needle is shorter and thinner than a size 8.

If you're looking for a good online chart to help you choose your needle then I would recommend [this one](#) from Country Bumpkin.

How your needle is made:

- The raw material is a high quality steel wire which is straightened and then cut to the length of *two* needles.
- Each of these lengths of wire is then pointed at both ends.
- Pairs of matching dies stamp the eye impression in the centre of the wire.
- A hole is punched through the two eyes at the centre and then the wire is broken into two separate needles.



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Daisy the Draught Excluder

Daisy is a well-behaved patient dog who will happily spend hours lying against the bottom of your door keeping cold draughts away.

Finished size 10" tall x door-width



The Tale of Little Red Riding Hood

The old fairy tales still have the power to entertain even in our modern digital age and are lovely to enjoy on cold dark winter evenings. This is a rather less blood-thirsty version of this traditional tale - suitable for even the most sensitive listener!

Once upon a time, there lived in a certain village, a little country girl, the prettiest creature was ever seen. Her mother was excessively fond of her; and her grand-mother loved her even more. This good woman got made for her a little red riding-hood; which became the girl so extremely well, that everybody called her Little Red Riding-Hood.



A Bustle & Sew Design



Red Riding Hood Embroidery

What big teeth you have Grandmamma! We're all familiar with this well-known fairy tale, brought to life in this embroidery. But sshhhh ... the wolf isn't really very scary - I wonder who modelled for it?

I combined my embroidery with some easy patchwork and quilting to make this cushion over.

An Alphabet of Stitches: Part Three



Diagram 25

FEATHER STITCH (Diagram 25)

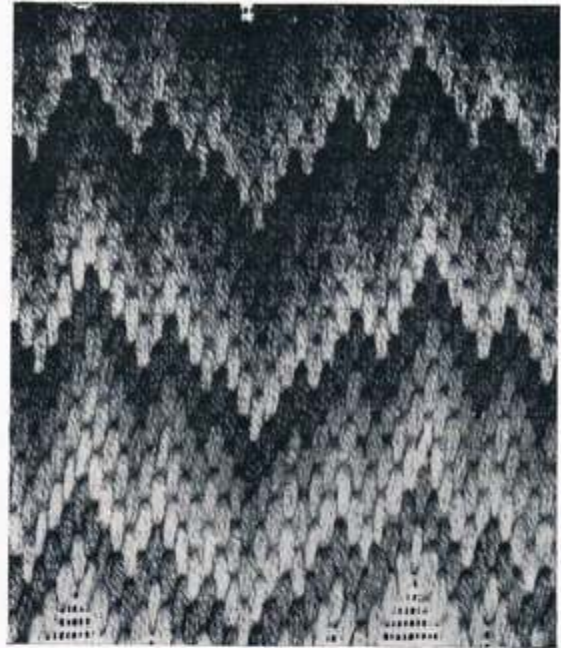
Work towards you. Bring the thread out, hold it down to the right with left thumb, take the needle through a little to the right; bring it out below at a point half-way between where it originally emerged and where it inserted and pull through over the held thread. Throw the thread to the left and repeat in reverse as shown. Continue working on alternate right and left sides. A Double Feather Stitch can be worked by first making two stitches to the right, gradually stepping them down and then two to the left and so on.

FERN STITCH (Diagram 26)

Used for embroidering fern-like sprays or feathery veins. Each section is made up of three straight stitches of about equal length radiating from the same point. Bring the thread out at A, make a stitch A B, bring the needle out at C, back at A and out ready for the third stitch as shown in the diagram.



Diagram 26



Example of Florentine Stitch.

FLORENTINE STITCH (Diagram 29)

This is a canvas stitch. It is worked vertically over varying numbers of threads, one stitch between each thread of canvas. The



2013

January							February							March						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5						1	2						1	2
6	7	8	9	10	11	12	3	4	5	6	7	8	9	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28			24	25	26	27	28	29	30
														31						

April							May							June						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6				1	2	3	4							1
7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8
14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15
21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22
28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29
														30						

July							August							September						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6					1	2	3	1	2	3	4	5	6	7
7	8	9	10	11	12	13	4	5	6	7	8	9	10	8	9	10	11	12	13	14
14	15	16	17	18	19	20	11	12	13	14	15	16	17	15	16	17	18	19	20	21
21	22	23	24	25	26	27	18	19	20	21	22	23	24	22	23	24	25	26	27	28
28	29	30	31				25	26	27	28	29	30	31	29	30					

October							November							December						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5						1	2	1	2	3	4	5	6	7	
6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				

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 the Bustle & Sew Magazine is published on the last Thursday of every month.



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Bustle & Sew designs



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